

# FIGHT RACISM

## SPEAK OUT WHEN YOU SEE RACIST BEHAVIOR

- Stand with the people who are being subjected to racist abuse, and check if they're ok.
- Tell them that they can complain. Many places, like schools, have a policy on non-discrimination, including racism.
- If you feel safe to do so, ask the abusers to stop their abuse, and leave people alone.
- Inform managers, teachers or other authorities of what is happening, so that they may intervene, find a solution, and follow up so that similar incidents do not happen again.

## IF YOU SEE OFFENSIVE CONTENT ONLINE OR IN THE MEDIA

- Report it. Large social media platforms can take down offensive content.
- Use social media to stand with people who are victims of discrimination.
- Bring the problem to the attention of anti-discrimination NGOs, national human rights organizations, or police.

## STAND UP FOR HUMAN RIGHTS

- Join public events in support of human rights - online and/or in the street.
- Volunteer with a group that promotes anti-racism defenders.
- Promote celebration of diversity, non-discrimination and anti-racism at work and in schools.

## CALL ON LEADERS TO FIGHT RACIAL DISCRIMINATION

- See how your country fares in fighting racial discrimination: [ohchr.org](http://ohchr.org)
- Urge your community's leaders (e.g. religious, local, sporting, cultural leaders) to make public commitments to human rights, including anti-discrimination.

